



Use this practical checklist to quickly evaluate your organization's overall security posture. If you answer "No" or "Not sure" to several items, it may be time for a deeper assessment or a professional penetration test. This checklist is purposely written in plain language — so any business owner or team lead can understand it without needing a security background.

- All staff use unique passwords for all work systems
- A password manager is used (1Password, Bitwarden, etc)
- Multi-factor authentication (MFA) enabled on: Email, admin portals, VPN, cloud systems
- Departing staff accounts removed immediately

- PC's, laptops, servers all auto-update for latest bug fixes
- Website, plugins, CMS, backend frameworks kept current
- Old/unused systems or portals to be removed

- Staff trained to spot fake emails
- No opening random attachments from unknown sources
- Payment changes should always be double checked
- Email security filters should be running at all times

- Staff should use only HTTPS websites
- Admin areas should be protected with physical access controls
- Do not expose unnecessary services
- Have regular Pentesting done within 12-18 months period

- Have a automatic backups running at all times
- Backups should be stored offsite or on cloud not on host where attackers can access them
- Make sure you have tested restoring the back ups
- Make sure sensitive data access is limited

If this checklist revealed uncertainties or gaps, that's exactly where a professional penetration test helps

I identify real-world vulnerabilities in your websites, networks, API's and staff processes, then give you clear, practical steps to fix them



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